

Practical guide to support your missionary better

It is God's will that "everyone who calls on the name of the Lord will be saved." Yet we see from Rom 10:13-15 that there is a progressive development to get there. It is like building blocks, one on top of the other:

They are saved
They call on the Lord
They believe in the Lord
They hear the good news
The good news is preached
Messengers are being sent

The bottom block, on which all the other blocks rest, is "people are being sent." The whole process therefore starts with someone being sent! The Greek word for "someone being sent" is "apostolos," which means "missionary."

The biggest need in terms of missions today is not to get enough missionaries. There are hundreds who are ready to go - and many more are preparing to go. The problem is to get enough senders! We need senders to support those going out to proclaim the Good News close by as well as far off. This support is not only in terms of money, but includes every aspect of support.

The local church holds the key to this support. In the New Testament we read that the local church was the basis for missions (e.g. in Acts 13:2-3), and that missionaries like Paul and Barnabas reported back to the local church on their return (Acts 14:27-28). But more than that - there are enough resources available in the local church to supply most of the needs of a missionary! In fact, when it comes to moral, pastoral, prayer, logistical, financial, communications and re-entry support, the local church is better equipped to do it well than an organisation.

Of course there are areas where mission organisations are better equipped, such as liaison with churches, governments, and other organisations - because they are more experienced! Yet the local church should be encouraged to take on themselves as much responsibility as possible for the support of missionaries.

Missions should be seen as part of the ministry of the local church. Sending a missionary as an extension of your church's ministry brings with it an awful responsibility.

Missionaries live under immense pressure. They are often living in less than ideal conditions, with less than ideal support. Because they are often in the front-line of the onslaught against the kingdom of darkness, they are also under immense spiritual attack. Unless their sending churches take full responsibility for them, they will not be able to remain standing on the long run.

During the Falkland War the Argentinean military leaders placed many Argentinean soldiers on the Falkland Islands to occupy them. These soldiers were not well trained and poorly equipped. They also did not receive the logistical backup an operation of that nature required.

The Islands legally belong to Great Britain, who sent troops to the Islands to reoccupy them. The British soldiers were well trained and although the Islands are thousands of kilometres from Great Britain, the British Navy supplied remarkably good logistical support. The British soldiers moral was also much better than the Argentineans. Although totally outnumbered by the Argentineans, the British were able to overrun the Argentinean defences within weeks, with great loss of life on the side of the Argentineans.

After the war the Argentinean president and two members of his military government were brought to trial and found guilty of negligence during the war. They were sentenced to 12 years imprisonment each.

Are we not doing the same if we place missionaries in the front-line of battle against the kingdom of darkness, and then fail to give them the necessary support they require? And will the Lord not hold church leaders and members accountable for our missionaries well being?

By taking care of our missionaries needs, and by supporting them on all other levels care that they need, we are setting them free to be so much more effective in the ministry to which God has called them. After all, it is not their ministry they are involved in. It is our ministry. They might be the "infantrymen" of God's Kingdom, but those supporting them are just as much part of God's Army. We are all equal partners in God's Kingdom.

One way of ensuring that missionaries are well cared for is to organise a support team for every missionary family, with one person on the support team responsible for each aspect or "portfolio" of member care. A support team co-coordinator or advocate holds the whole effort together. He is someone who represents missionary family on every committee and presents their ministry to the church. In this way an effective support team will enable the missionary, as an extension of the local church, to fulfil the ministry of his church.

One of the biggest challenges that we are facing in the process of establishing teams within the churches is to get church members to commit themselves and become involved. A few ways to involve church members are as follows:

1. Support team co-ordinators get a speaking engagement in the church.
2. Use electronic screens/transparencies to keep the church up to date with events in the life of the missionary (and his family).
3. Perform a drama in church, to visualise the church's mission involvement or the missionary's circumstances and ministry.
4. Prepare a world map with photographs of the missionaries and put it in a prominent place in the church, together with a photograph of the support team.
5. Do a quiz about the country, culture and people group where the missionary works. This could, for example, be a good way to involve the youth.
6. Small groups e.g. cell groups/care groups/bible study groups within the church adopt a missionary (single or a family).

Portfolios within the support team

As mentioned above, each member of the support team is responsible for a specific aspect or aspects of the support of the missionary. Let's take a closer look at the different portfolios that we have within the support team. There can be more or less portfolios, depending on the needs of the specific missionary. At the end of the discussion of every "portfolio" we have included a list of ideas - just to get you going. It is by no means exhaustive and with a bit of creative thinking you may come up with a lot more good ideas.

Moral support

Moral support is the very foundation of the total support system. So much so that it is not only treated as a separate "portfolio." It is part of every portfolio.

The term has to do with the morale of missionaries. "Morale" is a military term, which means "courage and endurance in supporting fatigue and danger, especially of troops in war." Moral support in missions means to act in such a way towards those who are in the thick of spiritual

battle, that they are encouraged because of our actions. We have a good example of moral support in 2 Corinthians 7: 4-7 and 13 where Paul writes to the church in Corinth:

I have great confidence in you; I take great pride in you. I am greatly encouraged; in all our troubles my joy knows no bounds.

For when we came into Macedonia, this body of ours had no rest, but we were harassed at every turn - conflicts on the outside, fears within. But God, who comforts the downcast, comforted us by the coming of Titus, and not only by his coming but also by the comfort you had given him. He told us about your longing for me, your deep sorrow, your ardent concern for me, so that my joy was greater than ever.

By all this we are encouraged. In addition to our own encouragement, we were especially delighted to see how happy Titus was, because his spirit has been refreshed by all of you.

Paul was discouraged, he was tired, he experienced fear within, and conflicts on the outside. But because the church at Corinth encouraged Titus, who, in turn encouraged Paul, Paul was lifted in his spirit. Moral support is about encouragement. That is why everyone in the church can be involved in this part of support, because everyone can encourage a missionary in word and deed. It can be as simple as saying to them, "God bless you! We are excited with you in ~ our missionary venture!" It is love in action. This is why Paul said to Philemon 1:7: "Your love has given me great joy and encouragement, because you, brother, have refreshed the hearts of the saints."

Not only was Paul encouraged by Philemon's love, but also so were "the saints," in other words, the other believers.

But moral support does not only come from individuals in the church. The church as a whole can do a lot to either encourage or discourage a missionary. It can be an attitude that your missionary will sense, or something you do. A simple act of sending a missionary out by the laying on of hands can be very encouraging.

Another way your missionary will be greatly encouraged is by making him a staff member of the church. If he is eligible for ordination, appoint him as a pastor of the church with a special portfolio-maybe a mission's pastor ministering to a specific people group. It is very important that the church takes ownership of the missionary and his ministry. It is just as important that the missionary must feel part of the local church.

On the other hand there are hundreds of thoughtless ways of discouraging your missionary. It can be an attitude of "Why over there, why not here?" or simply the church leaders fear that the new ministry will adversely affect the local Church's budget.

One aspect of moral support that is often overlooked in the local church is the identification of those gifted as missionaries and who equipped as Missionaries by the Holy Spirit. In any healthy body of Christ there will be those gifted as missionaries, but often they have not been given the opportunity to discover this gift or to exercise their gift as a missionary. It is the responsibility of the local church leadership (together with those responsible for world evangelisation) to take the initiative in identifying those with a missionary gift. One of the ways to identify a potential missionary is to see how he functions within a mission's fellowship in the local church, and to send him on short-term outreaches.

And please note that a person gifted as a missionary doesn't only minister on a foreign "field"! He sometimes has to minister in his "sending church," so that he can plough back into the local church some of the insights he gained from his cross-cultural ministry (e.g. Paul in Acts 14:27-28).

Practical guidelines for moral support

1. Encourage your missionary through personal talks or communication. A few words like: "May the Lord bless you" or "We share your excitement and pray for you" can be a great encouragement.
2. Give personal prayer requests through to your missionary. Remember your missionary wants to pray, for you also.
3. Let your missionary feel part of the church. Share regularly with him what is happening in the church.
4. Visit your missionary on the field and give feedback to the church.
5. Subscribe your missionary to some magazines. News magazines like Time Magazine will keep him up to date on world affairs. Also something like Reader's Digest. You can personalise it by asking different people to sponsor it.

1. Pastoral support

Maybe the most important part of moral support is to give your missionary the necessary pastoral care that he needs to grow spiritually. The purpose of pastoral support is to ensure that the missionary (and his family, if married) develops and grows spiritually. This means that we should ensure that the missionary gets the necessary fellowship with other believers, and that he has enough time and opportunities to study the Word and to develop spiritually. One of the factors that play a role in the premature return of missionaries is that they do not keep regular quiet times.

Any person with the gift of shepherding can fill this portfolio of Pastoral care. He or she does not need a degree in theology, but must have a heart for people. Barnabas was such a person. Maybe that is why he and Paul were initially sent out as a team.

Just remember that your missionary as a person - together with his family- must be cared for. Do not forget the spiritual needs of missionary kids!

Practical guidelines for pastoral support

1. Share with the missionary what the Lord is doing in your life. For example: "This is what the Lord has been saying to me in my quiet time the past few weeks" or "This has really touched me during the sermon/bible study/cell group".
2. Send your missionary really good sermons on CD. Include some from your own church, but send others as well that are uplifting, good teaching, or just encouraging. Missionaries are always giving out, and desperately need to be "topped up" spiritually on a regular basis.
3. Missionaries get "out of touch" with the latest spiritual books being published. Find someone -or perhaps a bookstore -that knows what is on the market, and send the missionary book reviews. Allow your missionary to choose books he is interested in and then buy them for him. Maybe you can involve people in the church to buy the books your missionary chooses. As long as the person responsible for pastoral care just keeps track of which books are being sent to avoid duplication.
4. Encourage a few people with e-mail facilities to set up a Bible study group via e-mail with your missionary (if he is not working in a sensitive area).
5. If there are other missionaries working in the same area, encourage your missionary to fellowship with them.
Write to these missionaries as well, and build relationships of trust with them, so that you can hear from them as well how your missionary is doing. This is not to "spy" on your missionary, but to get first hand feedback from the field. You don't even have to ask them formally for information. If you have built positive relationships with them, they will communicate with you if necessary.
6. Find out which type of gospel music your missionary likes and send him a CD where possible.
7. Be on the lookout for good spiritual videos that your missionary will enjoy.

2. Ministry support

The purpose of missions is to lead people to Christ, to disciple them and teach them to obey everything He has commanded us. But discipling people cross culturally is a tall order indeed. It is necessary that the missionary will help new believers in a sensible way to apply the Word in their own culture and not just to duplicate Western Christianity.

That is why it is necessary for you to give your missionary the necessary ministry, so that he can reach his ministry goals. Get as much information as possible about your missionary's ministry. How can you support him? Does he have applicable discipleship material? Are there other people on the field or in similar ministries that can support him? If your missionary is working together ~ with another mission organisation, it is important that there will be close cooperation in this area between the missionary, sending church and the mission organisation.

The person who will co-ordinate this is the person responsible for ministry care and support. In a nutshell, his task is to help the missionary to reach his ministry objectives on the field.

Practical guidelines for ministry support

1. Subscribe your missionary to a couple of magazines. Theological magazines, like Evangelical Missions Quarterly would be a good place to start. It can be personalised by asking different people to sponsor different magazines.

2. Ensure that he gets the necessary training and exposure to equip him for future ministry during home visits.

3. Logistical support

'Logistics' is again a military term. It means "the branch of strategy concerned with the moving and quartering of troops"

The essence of logistical support in this sense is to care for each other within the body of Christ. In 1 Corinthians 12:24b-25 we are told: "But God has combined the member of the body ... so that there should be no division in the body, but that its parts should have equal concern for each other."

There are a host of things that can be done by the support team. Fact is it makes a radical difference for a missionary if he knows that he has a support team he can trust to take care of all those practical little things that can make life so difficult. This can be managed by a logistics co-ordinator. At the same time a liaison person with a vocational support group (if it exists) can be very helpful, while a medical advisor can give the necessary medical support.

Here are a few practical things once more. But you will see they are only examples that can be expanded ad infinitum:

Practical guidelines for logistical support

1. Ministry needs

1. Ask which ministry resources he needs such as Bibles, literature, film projectors, etc.
2. Assist with the purchasing and transporting of resources to the field. (In some cases it is better to buy Bibles on the field. In that case send funds to your missionary to make the purchase).

2. Family needs

1. If your missionary family is home-schooling their children, you may be asked to be a contact person with a school or the education department to obtain curriculum materials and teaching aids.
2. If they have children who are in boarding school or at university, a family or couple might provide a home for them.
3. Someone might be the ideal person to visit or care for the missionary's elderly parents.
4. You might even be asked to be their children's adoptive parents should death occur.
5. It might also be something as simple as forwarding children's videos or books on a regular basis.
6. Find out which type of music (apart from gospel) your missionary likes and send him some CD's or cassettes.
7. Find out which type of magazines (apart from spiritual) your missionary likes and send him some of his favourites.

3. Medical needs

1. Identify someone who will help your missionary to put a good medical kit together and at the same time be his medical advisor. This could be a GP.
2. Make sure that your missionary has a medical fund and contributes to a pension fund.

4. Material Needs

1. This can include matters such as getting your missionary and his belongings to the area where he will be ministering and back again.
2. This could include storing your missionary's personal belongings, which he chooses not to sell or take with him.
3. It might also mean sending necessary supplies to him, or even taking care of the car he could not sell before he left.

4. Prayer support

It was Tennyson who said: "More things are wrought by prayer than this world dreams of" and Augustine: "Without God, we cannot; but; without us, God will not."

Sometimes God just cannot allow us to succeed without prayer-because it will give us the impression that we can achieve things through our own efforts-and make us proud. In His sovereignty God chose to make us co-workers in His kingdom. He chose to give us the opportunity to be involved in His work through prayer, and so share in the blessing!

Prayer is not begging God to do something He is loath to do. It is not overcoming God's reluctance to act. It is rather, enforcing Christ's victory over Satan. It is the effective, fervent communication with the Creator of the universe -in line with his will- which controls the balance of power in world affairs"

In his discourse on spiritual warfare in Ephesians 6, Paul clearly spells out the armour for our defence. But for attack he identifies two major weapons: "the sword of the Spirit, which is the word of God" and prayer:

"And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying, for all the saints." (v18)

Someone needs to get prayer requests from the missionaries and communicate it to prayer warriors. This is the function of a prayer co-ordinator. If the information is kept interesting and fresh, with up-to-date news, interesting photographs and stories, people will pray faithfully. That

is why we need a creative person here. If your missionary is working in a sensitive area, please be careful when sharing information, both with the missionary and the church.

Practical guidelines for prayer support

1. Pray specifically for each missionary family - not only for the family as a whole, but also for every individual family member.
2. Select a "missionary of the month" or "missionary of the week" and pray for him in all the church services, children's church, prayer meetings, Sunday school, etc. Make use of overhead transparencies with information and let someone explain it.
3. Mention specific needs of your missionaries in the church bulletin. Please remember that personal and sensitive issues must be handled confidentially and must not be made known to the church at large without the missionary's permission.
4. Mention specific requests for prayer (e.g. for health problems, challenges in ministry, etc.) to groups, e.g. cell groups, youth groups, etc.
5. Encourage individuals and families to pray at home for your missionaries and their families.
6. Identify with your missionary. When you are lonely, pray for your missionary to cope with loneliness; when you are hurt, pray for your missionary to cope with feelings of hurt; and when you are encouraged, rejoice with the successes of your missionary.
7. Brighten up prayer meetings for missionaries with interesting information, maps, photographs, stories, and games - just be creative!

5. Communication support

It is not good enough just to pray for missionaries. It is also necessary to tell them that you are praying for them even what you are praying for them. This may be an encouragement to them as well. And what is more they can read it many times - and be blessed by the same letter many times.

Communication is a two-way channel. It is not fair to put all the responsibility for communication on the missionary alone. You must try from your side to find out as much as possible about your missionary and the circumstances under which he is working. This means you have to do what it takes to get a real, good, first hand report of what is happening where your missionary is ministering. And what better way than going there yourself or sending someone from your church! Exposing to the field those in decision-making positions, like a pastor or chairman of the missions committee, can often make a radical difference. On the other hand, it is necessary that the missionary will communicate with the support team on a regular basis. A two-way communication channel is then formed that should be maintained.

There is also a host of other ways to communicate to your missionary. This could be a video recording with messages from people at home or a video of the place where your missionary is serving (which you as a church can initiate by sending someone over to make the video), an audiocassette (on which individuals greet and encourage the missionary), photographs, e-mail (which is a must nowadays, if it is possible on the field) or a "care" parcel.

It is also important that the support team should be well informed about the country and people where the missionary works. Information about the culture, people group and less reached groups in the country or region should be obtained and shared with the support team.

A very important part of communication is a regular newsletter from the missionary. A communications co-ordinator can make sure that the newsletters are distributed, keep the mailing list up to date, ensure that the communication channels are kept open and that there are representatives of the mission organisation (if any) and of other churches supporting the missionary, serving on the support team.

Practical guidelines for communication support

1. Communicate regularly with your missionary. Tell him that you pray for him.
2. Distribute your missionary's newsletter.
3. Keep your missionary's address list up to date.
4. Use a board on which to place photographs and information of your missionary. Place letters from the missionaries in a prominent place in the church for church members to read.
5. Visit your missionary on the field. Send those responsible for missions in the church, including the pastor, on a field trip regularly to encourage your missionary and so that both parties can get first hand information.
6. Videotape interesting events at the church and send it to your missionary. Let your missionary videotape things about his life and ministry and send it to you. (Of course if he does not have a video camera, you might consider buying one as a project.)
7. Remember the birthdays of your missionary and the children and their wedding anniversary.
8. Remember your missionary over Christmas and send him a gift - either a present or money. (Don't forget to check customs regulations to avoid a situation where taxes exceed the value of the present. And send it early - in some countries post takes more than six months!) Don't even think of sending second hand clothes or any used item, for that matter.
9. You can supply stationery to church members (e.g. aerogrammes) and encourage them to write letters to your missionary.
10. Send the church bulletin to your missionary, if it is personalised with birthdays, anniversaries and some useful information.
11. Ask someone in the church to sponsor an amount of money specifically for telephone calls, so that the missionary will be able to phone friends and family while he is on the field.
12. Make sure your missionary has the latest copy of your church's address and telephone list.
13. Make available a "Missionary Directory" to members of the church with relevant information of your missionaries - like dates of birth, anniversaries, interests, regular prayer items, etc.
14. Arrange a phone call, from within the church, to your missionary during a mission's conference, so everybody present will be able to hear the conversation.
15. Display a world map in the church in a prominent place with photographs of your missionaries, indicating where they live and work.
16. Prepare a poster with photographs and information on your missionary's life and ministry that can be put in a prominent place in the church.
17. Make key ring holders, fridge magnets, bookmarks, etc. with photographs of the missionary and distribute these in the church.
18. Compile a brochure about your missionary's ministry that can be distributed in the church.
19. Compile a file with information about the country, geography, culture, people group and less reached groups in the area where the missionary works. Add new information continuously.
20. Encourage businessmen to visit your missionary while on overseas visits.

6. Financial support

Financial support is probably the most talked about of the areas of support. In fact, when you talk about missionary support, most people think of nothing else but "paying and praying". There are few things that discourage a missionary as much as struggling to, survive financially. We should care for them to such an extent that worries about financial matters are not part of their struggle, but of their victory. One of the largest denominational mission organisation in the world is the Southern Baptist's International Missions Board. One of the major reasons for their success is the fact that they are caring so well for their missionaries. Their policy is that a missionary must be on the same salary scale as an average Southern Baptist pastor in the United States.

But that also came at a price. Lottie Moon was an early "Southern Baptist" missionary who had worked for many years in China. She died in 1912 of hunger because she did not have enough funds and she gave what she had to the people around her. She played a leading role in the founding of a special fund for missions in 1888, which still exists today.

Very few missionaries are willing to tell you directly that they are struggling financially. So it is the responsibility of the sending church to make a comparative study so they can calculate the cost of living in the country in which their missionary is ministering and how much he really needs to survive - and some more.

An important aspect of financial support is fund raising. That can include "101 ways to raise money for missions" - from boot sales

to collecting waste paper. That is, however, not what will be discussed here. The fact is, if we are serious about tithing, these things

will not really be necessary. Not that it is wrong! What is really needed is that Christians, who are serious about world

evangelisation, should have simpler life-styles to make more funds available for the Kingdom. It does not mean living like a

beggar. But sometimes it means that you buy the least expensive item that can accomplish the job - so that some Missionary does

not have to live like a beggar. In other words, avoid status symbols!

There is much more to financial support than just raising finances for missions. Managing those funds, making arrangements with banks, foreign exchange controls, even paying taxes in South Africa and the host country, and matters such as acting as an agent that lets a house for a missionary, fall into this area.

Financial support includes mutual accountability from mission organisations, the church and your missionary.

A financial co-ordinator, fund raising assistant, financial advisor and bookkeeper can make sure the missionaries are well cared for financially and where the finances are running smoothly.

Practical guidelines for financial Support

1. It is sometimes better not to make the missionary's support part of the church's budget. Encourage members to contribute sacrificially to a specific missionary's ministry - above and beyond their normal tithing to the church. This is called "Faith promise offering", and it helps the members to feel part of the missionary's ministry, to take ownership and to be assured that their total giving to missions is used directly for the purpose it is allocated to. You will also find that if the members realise all their contributions do not go towards the upkeep of the church structure, they will be willing to contribute much more readily.
2. Annually, together with the missionary, prepare a budget for his personal as well as ministry expenses. The following expenses must be taken into account. It will differ depending on the missionary's circumstances:

Monthly expenses:

Transport

Accommodation

Water & electricity

Telephone, fax, and email

Personal (food, clothes etc.)

Pension/insurance

Medical scheme

Annual Expenses

Travelling costs for furlough

Additional furlough expenses, not included in the monthly expenses

Furlough arrangements and expenses

Tax obligations

Service and maintenance of vehicles

3. Make sure that your missionary contributes to a medical and pension fund.
4. Act as liaison person to help with bank affairs, foreign exchange and insurance arrangements.
5. Find out what the missionary's tax obligations will be in South Africa and the host country.
6. How about a missionary theme for Christmas and then a special offering for missions - especially towards your own missionaries? After all, was not Jesus the greatest missionary of all times!!

7. Occupational support

More and more emphasis is being put on tentmaker mission work. That is when a Missionary ministers to people through his "secular" occupation - and is then a witness where and when the Lord gives an opportunity. This model of mission work is especially strategic in countries where conventional missionaries are not allowed.

Almost any occupation can be of use in this strategy: teacher, engineer, doctor, farmer, businessman, or a nurse. A missionary in this ministry might need a group of people in the same occupation that will be able to assist him occupationally. Say, for instance, he is an engineer; he might need very specific technical information at some point. A group of engineers at home can help him to find that information or just support him generally. A teacher on the field might need information on a curriculum or might need teaching material. A group of teachers here in South Africa can be of great help. Such an occupational support group may be called an interest group.

Practical guidelines for occupational support

1. Experts here in South Africa can form an interest group to advise the missionary concerning, e.g., an agricultural or education project.
2. A person in the same occupation as the missionary can act as liaison person between the missionary and his interest group.
3. Experts can go on a short-term basis to help on the field e.g. with a building project.

8. Re-entry support

Astronauts tell us that the most dangerous part of space travel is not getting into orbit, but getting back into the earth's atmosphere. In the same way re-entry getting back to the home culture you have left when you started with missionary work, can also be the most difficult part of any cross-cultural ministry. This is true the missionary who returns for a furlough of a limited period, as well as the missionary who returns permanently, be it for practical reasons, prematurely or to retire. "To come home" is difficult for many people - as a matter of fact, it might not be at all like "coming home". In many cases the missionary realises that "home" is no longer "home". As a matter of fact, the host culture feels much more like "home". This frequently leads to a situation where the missionary feels like a stranger in his own culture.

Often re-entry is not seen as part of the missionary's ministry and the missionary himself is not seen as part of the responsibility of the supporters or his church while he is going through re-entry. In some cases the supporters might still be involved during the re-entry phase, but they are not prepared or equipped to give the necessary care and to accompany the missionary during his re-entry. Many times the missionary himself is not prepared for the demands that re-entry will have on him. But this process can be eased if missionaries, boards and churches work together at it.

Re-entry is nearly always accompanied by reverse culture shock, and if this is not managed with wisdom and care, you might be left with a wounded spiritual worker who may take years before

reaching his optimum spiritual health again. You might even have a person on your hands who is so hurt and disillusioned that he may never recover! Sending a person out, carries an awesome responsibility!

Re-entry is much more than just returning to the old and familiar. The missionary is confronted with changes that have taken place on different levels in his life: The missionary as a person has changed, his family and friends have changed and the country has changed. These changes and the accompanying adjustment way result in high levels of stress. During this time the missionary needs very specific care and detailed guidance. Missionaries are forced to confront changes in their self-concept, and values and they often experience disappointment and loss.

It is of great importance that the missionary as well as his supporters is informed about the normal re-entry reactions missionaries may go through during re-entry.

The missionary is not abnormal if he experiences the following: isolation, guilt, spiritual re-evaluation and medical problems. Some missionaries want to return the field immediately. It is necessary to ask, with great wisdom, if it is the Lord's will at that specific time or if the person should first have a time of rest and re-adjustment.

There is no time limit to the re-entry process. It can take from 6 months to 2 years - even longer. The most important is, however, that the missionary will make progress on his way to integration, the ultimate aim of re-entry. Integration has taken place when the missionary has established himself as a changed person in a new role within his ministry, church and society. When the missionary returns at retirement, integration would be the point where he is able to keep himself busy in a meaningful way and at the same time realises that he still has a role to play in the church and society.

The missionary has gained valuable field experience that should not be overlooked or ignored, but should be used effectively within his local church.

Practical guidelines for re-entry support

Re-entry support can be divided into 3 phases:

1. Preparation
2. Arrival of the missionary
3. Follow-up

1. Preparation

1.1 Preparation for the missionary

1. Where possible, the re-entry process should be discussed with the missionary in personal conversations at least 3 to 4 months

before he returns, so that he can prepare himself. The person who discusses it with the missionary must have gone through re-entry himself.

If personal conversations are not possible, make sure that the missionary has access to materials that describes the re-entry process.

2. Make the necessary arrangements for the missionary's household effects and/or personal effects to be transported to South Africa.

3. Give information to the missionary about school options for their children, prices of goods in South Africa and where needed, information about job opportunities.

1.2 Preparation for the support team

1. Invite a missionary who has already gone through re-entry to talk to the support team about re-entry, 3 months before the missionary returns. Do follow up sessions where material about re-entry is discussed.
2. Prepare an action plan to provide in the immediate needs of the missionary when he returns. Include aspects such as: Holiday accommodation, transport, finances and school education for the children.

2. Arrival of the Missionary

1. Let your missionary feel special. Welcome him at the airport and/or house.
2. Ensure that the missionary first has a time of rest. Make arrangements for his immediate practical needs such as transport, basic groceries and toiletries needed for the first few days and also an amount in cash in South African rands if he cannot immediately change currency.
3. Ensure that the church knows beforehand that he will first have a time of rest and will not be available for meetings. Make one person responsible to contact him regularly to determine whether he and his family have other needs.

3. Follow up

The follow up phase starts when the missionary returns from his time of rest and includes 5 areas:

1. Practical help - purchasing of a vehicle, transport, financial arrangements, medical consultations.
2. Debriefing-The missionary must have opportunities where he can talk about his field experience in a relaxed situation without any pressure on him. Please take note that these are not feedback sessions.
3. Quality time with supporters - Create opportunities, both formal and informal, where the missionary can share his experiences.
4. Special care - Be aware of problem areas that need professional care such as emotional problems, marriage problems and children having real problems with adjustment.
5. Long term follow up - Be patient. Re-entry is a process and does not happen in one day. Do not forget the missionary after a few months. Visit him regularly and give help where needed.

Support team co-ordinator / advocate

In the end the buck needs to stop somewhere. Someone needs to take final responsibility to make sure everyone understands his function in the support team. But it should be done with a light touch.

The person responsible should also look after the interests of the missionary and present him at every level of church life and in meetings. This support team co-ordinator forms a vital link between the missionary and the church. There are many people in the church, trained in management skills, who could fulfil this function.

To put it all together

Can you imagine what would happen if every missionary sent out had such a support team that functions well? We would be so much more effective and much better stewards of the resources at our disposal. What is more, many ordinary church members who cannot go to China or Malawi will feel that they can use their vocations and gifts to further the Kingdom of God "to the ends of the earth". They will become enthusiastic about missions like never before.

In the end it is about body life - under the Lordship of Christ. And is that not that the body of Christ is all about? The greatest need for many missionaries turning home is for genuine fellowship and understanding. They need fellow believers who are real and with whom they can be real. What is better than a support team that functions like a support fellowship - as part of the body of Christ?

Let us work together to make this a reality in your church!

Each portfolio can be filled either by an individual or a team consisting of two or three people. On the other hand it is also possible for one person to take up the responsibility of more than one portfolio. The important thing, however, is that they must be able to work together as a team.

It is therefore very important that much time is spent together, just building relationships. "Socials" like barbeques can be very handy to achieve this. If at all possible, good relationships should be built before the missionary leaves for his area of ministry.

The following possible portfolios will ensure that your missionary will be ministered to effectively.

Moral support

Pastoral support

Pastoral care

Ministry support

Ministry support co-ordinator

Logistical support

Logistics co-ordinator

Medical advisor

Prayer support

Prayer co-ordinator

Communication support

Communications co-ordinator

Representatives of other churches supporting the missionary (if any)

Representatives of the mission organisation the missionary works with (if any)

Financial support

Financial co-ordinator

Fund raising assistant

Financial advisor

Bookkeeper

Occupational support

Occupational co-ordinator

People in the same occupation

Re-entry support

Deputation / furlough co-ordinator (if the missionary is returning on furlough)

Re-entry co-ordinator (if the missionary is returning permanently)

To put it all together

Support Team Co-ordinator / Advocate